## **KNOW THE** Warning Signs of Suicide

- Talking about suicide or death in general
- Making comments about being hopeless, helpless, or worthless
- Withdrawal from friends and family

Many people don't get help for mental health or substance abuse issues because they don't know where to go. Behavioral Health Services provides the Northeastern Wyoming community with compassionate, confidential and comprehensive treatment of behavioral disorders, mental illness, and substance abuse treatment following detox.

Our outpatient professional team includes psychiatrists, psychiatric nurses, licensed therapists and compassionate support staff. Treatment begins with an initial screening and then our professionals work together with the patient to develop an individualized treatment plan. This plan may include individual or group therapy, education and other support options in an outpatient setting.

For patients who may be experiencing severe episodes of mental illness, we offer an eight-bed adult and adolescent inpatient unit to provide monitored care.

If you need someone to talk with about your suicidal feelings, please do not hesitate to talk to someone who can help at the numbers below:

307-688-5050

Text "WYO" to 741-741

Call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255)

If you or someone you know is in immediate danger because of thoughts of suicide **Call 911 NOW**.

CCH Behavioral Health Services Crisis Line at

Campbell County Memorial Hospital CAMPBELL COUNTY HEALTH BEHAVIORAL HEALTH

501 S. Burma Ave., Fifth Floor Gillette, Wyoming 82716 **307-688-5000** 



