



Excellence Every Day

SUMMER 2016

IN THIS ISSUE:

Speed Translates to Quicker Recovery and Better Outcomes for PRSC Patients. 3

Dr. Grunfeld "Works Wonders" to Help Kayla Get Back to an Active Life. 4

More Resources for Cancer Patients Now Available. 5

Health Tips 6 & 7

DID YOU KNOW?

June marked two years in our very busy Cath Lab.

Total Cases: 436

Average Door to Balloon Time*: **52 mins**

Shortest Door to Balloon Time*: **20 mins**

National Average Door to Balloon Time*: **60 mins**

*Door to balloon time is calculated from the time the patient arrives at the hospital to the opening of a blocked cardiac artery in the Cath Lab.



Stocktrail Building Answers Call for Patient Convenience

Campbell County Health's Stocktrail building is a one-stop destination for orthopedics, rehabilitation services, radiology and same day surgery. The former WORI building at the corner of Stocktrail and 6th Street was remodeled last year to add a new orthopedic clinic and outpatient radiology to existing services, plus 50 new parking spots.



"Having easy access to radiology and rehab services really makes it convenient for our orthopedic patients," said CEO Andy Fitzgerald. "And the addition of 50 more parking spaces makes it even better."

The Outpatient Imaging Center on the east side of the building features a new, state-of-the-art MRI and digital x-ray equipment. Patients of PROS and Orthopaedic

Specialists have easy access during their appointments, but anyone can use the new center for an MRI or x-ray ordered by their doctor.

"The same experienced radiologists that you're used to at the hospital will read your x-ray or MRI," says Terri Kinney, Radiology Director. "But the new location may be more convenient for some patients than coming into the hospital."

See page 7 for a list of all the services available at the Stocktrail building.

Radiation Treatments Just Got a Little Easier



Patient Bert Sutherland takes advantage of the registration card system at the Heptner Cancer Center.

One of the most common frustrations for patients in the hospital and those who have recurring appointments is having to provide identifying information at each visit. These checks are necessary to ensure patient safety, but when the patient sees the same caregivers every day for 6-8 weeks, it gets old.

Patients receiving radiation therapy at the Heptner Cancer Center now get a bar-coded registration card that is scanned at every visit. The card works with special software to tell the staff that the patient has arrived for their appointment and verifies that the correct patient is receiving radiation treatment.

continued on page 5

CEO Update



Andy Fitzgerald, CEO

You may have noticed a few changes of late in our medical staff at Campbell County Health. Some physicians have left our organization but have stayed in Gillette, and a few will leave the community in the next month or so. Physicians are just like us, their life situations change and they make decisions that are best for themselves and their families. We understand and value all our physicians, and when recruiting new providers we strive to ensure a good match for all parties concerned.

We are currently recruiting new physicians in several specialties and have some prospects in the pipeline. Recruiting physicians is not a quick process and can take many months from initial contact to seeing patients. You can read about our new psychiatrist, Dr. Mark Walter, on page 7. A new general surgeon and family practice physician are coming to the community in late summer, and we are in the late stages of recruiting a physiatrist (a physician who specializes in inpatient rehabilitation) and an internal medicine specialist to CCH who should join us in the fall. We also have several emergency medicine candidates who are interested.

Like many businesses and city and county government, we are in the midst of internal cost-cutting measures in response to the shift in the local economy. Recent actions include reducing supply expenses, renegotiating contracts, cutting back or eliminating projects and reducing staff through attrition. While we can't predict the future, we are hopeful we can continue on this course for the rest of the year. We have been fortunate in that we have not reduced any services or had to implement staff layoffs.

Despite economic challenges, positive things are happening at Campbell County Health. We have experienced steady growth in certain areas, and volumes are strong for many services. We are also well on track to open The Legacy, our new, long term care and short term rehab facility. Please plan to attend our grand opening celebration in late October.

Thank you for choosing Campbell County Health. We are dedicated to not only meeting, but also exceeding, your healthcare expectations. If you ever have a suggestion, concern or vote of confidence to share, please do not hesitate to reach out.

Andy Fitzgerald, CEO



THE Legacy



Inspired by the neighboring Lasting Legacy Park and with an emphasis on living — The Legacy Living and Rehabilitation Center is committed to providing dignified care and purposeful living. The Legacy was built with the residents and their families in mind.

Long term care

Short term rehabilitation to speed recovery and return home

Secure memory care wing

Large, bright rehabilitation and therapy space

Town center space for large gatherings and community involvement

152 private rooms with accessible showers and piped-in oxygen

Some rooms with built-in resident lifts

8 double suites for couples or same sex siblings

Access to balconies, patios or courtyards from every resident wing

Amenities like a bistro, country store and movie theater

Overlooking Lasting Legacy Park

Watch for details about our Grand Opening Celebration planned for late October!

1000 Douglas Highway
307-688-7000

Speed Translates to Quicker Recovery and Better Outcomes for PRSC Patients

At Powder River Surgery Center (PRSC), practice makes perfect. The freestanding outpatient surgery center, located at the corner of Stocktrail Ave. and 6th St., has been accredited for 11 years by the Accreditation Association for Ambulatory Healthcare (AAAHC). Ambulatory surgery centers, sometimes called outpatient surgery centers, are stand-alone facilities where patients are admitted for a surgical procedure and discharged on the same day.

“Since we were first accredited in 2005, we have met or exceeded national standards developed by the AAAHC. We’ve really streamlined our processes and we have a supremely skilled staff,” said Brent Maurhoff, Clinical Supervisor at PRSC.

Numbers speak, and a recent benchmark comparison summary of common procedures performed at outpatient surgery centers shows PRSC having shorter surgery times and recovery times when compared to the national average.*

A faster surgery means less time under anesthesia, resulting in a faster recovery and often better outcomes. Anesthesia is a risk factor with any surgical procedure, so the less time a patient is under anesthesia the better.

At no time does this matter more than when kids have to undergo surgery. Recent numbers show that kids who get tonsillectomies and adenoid surgeries at PRSC are in surgery 42% less time and are in recovery 57% less time than kids at the average outpatient surgery center.

YOU HAVE A CHOICE ABOUT YOUR SURGERY

When your physician recommends surgery, you have a choice about where to have your procedure. Campbell County Health provides surgical services at Campbell County Memorial Hospital and Powder River Surgery Center. Surgical procedures performed at PRSC include orthopedic, podiatric (foot and lower extremity), ear, nose and throat, general surgery and pain management.



POWDER RIVER
Surgery Center

CAMPBELL COUNTY HEALTH

Another area of pride is numbers for cervical (neck) fusion surgery. The national average for time in the operating room at an outpatient surgery center is 173 minutes, and PRSC averages 117 minutes.

“Our recovery time for neck fusions is also 22 minutes shorter, really lowering the patients overall time with us. When you look

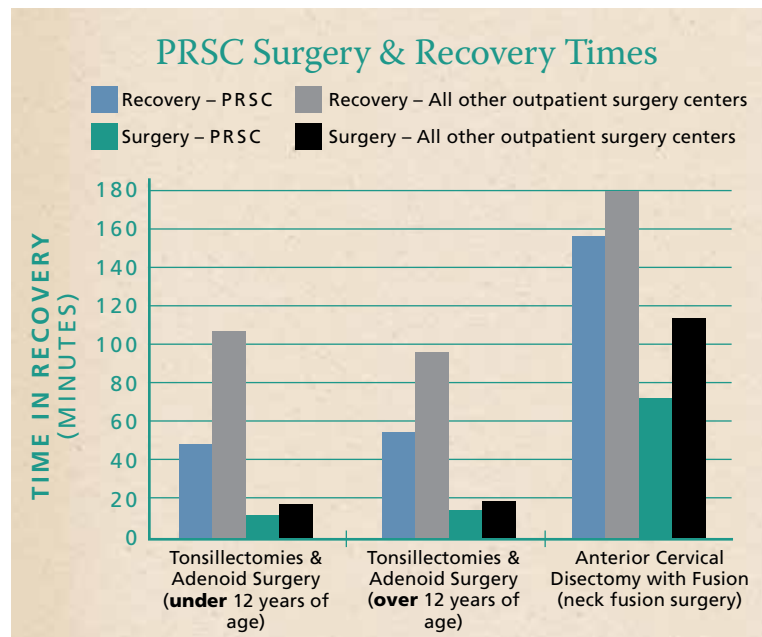
at the scale of this surgery, which demands placing implants, our team performs a really amazing feat,” Maurhoff said.

Maurhoff believes becoming a part of Campbell County Health in January 2016 was a positive move for their patients. Not only do they have more resources, including easy access to orthopedic physicians and imaging in the Stocktrail building, they also benefit from more expertise.

“It’s two accredited organizations coming together to complete the best patient care possible, with the best outcomes possible,” he concluded.

PRSC PERFORMED 2,667 SURGICAL PROCEDURES IN 2015.

**Information from the Surgical Outcomes Exchange (SIOX), a not-for-profit membership network for the confidential exchange of information among ambulatory surgery facilities.*



Dr. Grunfeld “Works Wonders” to Help Kayla Get Back to an Active Life

Since coming to Gillette last August, Dr. Robert Grunfeld has already made an incredible impact. Take 13-year-old Kayla Vanberkom for example. Born with severe flat feet, Kayla experienced pain every single day. Her father, Jamie, was told by specialists that nothing could be done surgically to help.

Kayla was limited in physical activities. Jumping, running, and walking long distances caused her pain. She also loved to ride her bike, but pain even limited that activity.

Helping patients like Kayla is exactly why Dr. Grunfeld became an orthopedic surgeon and specialized in foot, ankle and leg procedures. "People use their feet all the time," Dr. Grunfeld said. "If anything goes wrong it's debilitating."

Dr. Grunfeld performed a lateral lengthening procedure first on Kayla's right foot and then a few weeks later on her left. Almost immediately, Kayla noticed the difference. Since the procedures, she has been pain free.

Before Dr. Grunfeld joined Powder River Orthopedics and Spine (PROS), a Campbell County Medical Group clinic, patients had to travel to other communities for treatment of severe foot and ankle problems. For Kayla and Jamie, Dr. Grunfeld's arrival in Gillette was life changing for both of them.

"He worked wonders," Jamie said. "I wish every doctor in town was like him. I'm so glad he came to Gillette, otherwise we'd still be going through this."



Thanks to a successful foot surgery at CCH, Kayla Vanberkom is pain-free and back to riding her bike again.



*Dr. Robert Grunfeld,
orthopedic surgeon*

About Dr. Robert Grunfeld

As a young boy growing up in Germany, Dr. Robert Grunfeld secretly wanted to be a cowboy. He got his wish when he joined Powder River Orthopedics and Spine (PROS), a Campbell County Medical Group clinic, in August 2015. He is already fulfilling his wish to "help people walk and run again." Dr. Grunfeld focuses on all aspects of foot and ankle care, including both conservative, non-surgical management and surgical interventions.

Specialty: *Orthopedic Surgery, Foot and Ankle Surgery*

Medical School: *Penn State University, College of Medicine*

Residency: *Orthopedic Surgery, Penn State University*

Fellowship: *Foot and Ankle, University of Rochester, New York*



508 Stocktrail Ave., Ste. A
307-686-1413

cchwyo.org/PROS

More Resources for Cancer Patients Now Available

The Heptner Cancer Center is thrilled to be the hub for a cancer resource program that strives to reduce the impact of cancer on the residents of Wyoming through community-based efforts. A new onsite coordinator will serve as a resource navigator for local cancer patients, providing guidance and education.



Kate Johnson, BSW, Cancer Resource Coordinator, is available to visit with patients at the Heptner Cancer Center.

Thanks to a two-year grant of \$170,001 from the Wyoming Cancer Resource Services Project, residents from Campbell, Crook, Johnson and Sheridan counties have access to the cancer resource center at CCH and learn about their specific cancer and how to navigate choices and treatments, and gain access to cancer screenings, wigs, books, education materials, gas cards for travel to out-of-town cancer treatments, and much more.

“We are so pleased that Campbell County Health was chosen to host the resource coordinator. She will be a great help to our local cancer patients and those in surrounding areas by filling the role of patient navigator, helping patients logistically, and emotionally cope with cancer,” said Leigh Worsley, MS, RTT, CMD, Cancer Care Director.

Kate Johnson, BSW, will soon be available to visit with patients one-on-one at the cancer resource center. Check with the registration staff to see when she is available for a visit. She welcomes anyone who has a concern about cancer.

Johnson also serves as a cancer advocate and information expert on the community and state level for the northeast region of the state.

Campbell County
Memorial Hospital

CAMPBELL COUNTY HEALTH

HEPTNER CANCER CENTER

SERVICES

Medical Oncology

- Chemotherapy
- Targeted immunotherapy, biotherapy
- Infusions: antibiotics, hydration, antimicrobial therapy

Radiation Oncology

- External beam radiation therapy
- Skin Cancer Treatment
- IMRT: Intensity Modulated Radiation Therapy

PROVIDERS

Keith Mills, MD

Medical Oncology and Hematology

307-688-1900

Stacey Hastreiter, APRN

Medical Oncology

307-688-1900

John Stamato, MD, MPA,

FACRO, Radiation Oncology

307-688-1950

cchwyo.org/cancercare

Radiation Treatments Just Got a Little Easier *continued from cover*

“It’s much easier for radiation patients. For safety reasons, we always ask identifying information, and with the card they can skip those questions and be seen a little quicker,” said Leigh Worsley, MS, RTT, CMD, Cancer Care Director.

Besides name and birthdate, the registration card contains each patient’s specific medical record number and health history. It also pulls up their treatment plan for radiation therapy and the data that went along with each past visit—something patients find reassuring.

Patients also like that the card announces their arrival, as no one likes to sit in the waiting room wondering if their provider knows they are there. Therapists like this feature, too, as it saves them multiple trips to the waiting room to check for the patient’s arrival. It’s convenience and patient safety, all around!

Expanded Memory Care at The Legacy

Along with its impressive new building and beautiful grounds, The Legacy will bring more memory care options for residents and families. Alzheimer and dementia patients will each have their own wings with appropriate levels of security and supervision.

The Legacy will have a 20-room wing specifically for memory care residents. This wing is secure and has a private outdoor space and indoor activity areas. A second 20-room wing will provide a home for residents with dementia, a subtle but different diagnosis from Alzheimer's. These residents need less direct supervision, and will have some ability to move within the building and grounds a little more freely, according to Administrator Jonni Belden.

"The new complex will allow us space to expand our behavioral modification therapies, including more music therapy, animal therapy and art therapy opportunities," said Dr. Bernadette Meade, HMDC, medical director for Pioneer Manor (and soon The Legacy) and Hospice Care.

The extra rooms will come just in time to meet the "epidemic of Alzheimer's diagnoses that's coming as the baby boomers age," Meade said. While there is no cure for Alzheimer's at this time, she is hopeful about current research on Alzheimer's disease.

"We stay current on research and new therapies, and when something promising comes along we implement it. At Campbell County Health, we're dedicated to staying on the cutting-edge of treating this disease," Meade said.



Resident Sharon Skidmore and Activity Director Marla Russell are dancing up a storm during one of the many activities at Pioneer Manor.

GERIATRIC MEDICINE DOCTOR AT THE MAIN CLINIC

Did you know that Campbell County Medical Group (CCMG) has a doctor and nurse practitioners who specialize in elderly healthcare? CCMG Geriatric Medicine provides complete healthcare for adults over the age of 65, emphasizing maintaining quality of life for as long as possible and aging well.



Bernadette Meade, DO

Dr. Bernadette Meade is board certified in internal medicine, but has a special love for patients over age 60. She is also certified as a Hospice Medical Director, and provides palliative care and symptom management for her geriatric and hospice patients.

For Dr. Meade, that means listening to her patients' health concerns and providing them with sound advice for staying active and independent.

"I like taking care of older people. My patients teach me about courage, grace and survival every day," said Meade.

Working alongside Dr. Meade in her clinic practice and with long term care residents are nurse practitioners Dawn Fiedler and Patty McJilton.

Main Clinic

501 S. Burma Ave., Gillette • 307-688-3636 • cchwyo.org/senior

Top 10 Early Warning Signs of Alzheimer's Disease

- 1 Memory loss that disrupts daily life
- 2 Challenges in planning or solving problems
- 3 Difficulty completing familiar tasks at home, work or leisure
- 4 Confusion with time or place
- 5 Trouble understanding visual images and spatial relationships
- 6 New problems with words in speaking or writing
- 7 Misplacing things and losing the ability to retrace steps
- 8 Decreased or poor judgment
- 9 Withdrawal from work or social activities
- 10 Changes in mood and personality

Source: Alzheimer's Association

If you or a loved one are experiencing these symptoms, we encourage you to see your doctor.

CCH Welcomes Dr. Mark Walter, *Psychiatrist*

Dr. Mark Walter has recently joined CCMH Behavioral Health Services. He is board certified by the American Board of Psychiatry and Neurology, and brings expertise in helping adults with mental health issues. He is a welcome addition to the team.

Dr. Walter was raised in Kannapolis, North Carolina, and served as an enlisted member of the United States Army. In his past position, he served as the medical director of a residential substance abuse treatment program. For years, he provided forensic/expert witness services in criminal cases to the US Department of Justice and the DEA. He also worked with veterans at the Sheridan VA Medical Center before moving to Gillette last month.

Dr. Walter is the proud father of three sons and enjoys musical performances and outdoor activities. For an appointment with Dr. Walter, call 307-688-5000. Behavioral Health Services are open Monday-Friday, 8 am – 5 pm. Visit cchwyo.org/bhs for more.



Dr. Mark Walter

Specialties: *General Adult Psychiatry / Geriatric Psychiatry, Forensic Psychiatry, Addiction Psychiatry*

Medical School:
Wake Forest University School of Medicine, Winston-Salem, NC

Residency: *Vanderbilt Univ. Med. Ctr. Psychiatry Residency, Nashville, TN*

WHO IS LOCATED AT THE STOCKTRAIL BUILDING?

CCMG Orthopaedic Specialists
307-688-3500

Provider: Monica Morman, MD

Outpatient Imaging Center
307-688-1600

X-ray and MRI

Rehabilitation Services
307-688-8000

Physical and occupational rehabilitation

Powder River Orthopedics & Spine (PROS)

307-686-1413

Providers: Robert Grunfeld, MD; Stanford Israelsen, MD; Hans Kioschos, MD; Nathan Simpson, MD; Nathan Tracey, DO; Daniel Allen, DPM; Crystal Skovly, PA-C

Powder River Surgery Center (PRSC)

307-688-8600

Multi-specialty outpatient surgery center accredited by the Accreditation Association for Ambulatory Health Care, Inc. (AAAHC)

cchwyo.org/stocktrail



Dr. Jennifer Linden, board certified in OB GYN

**OB GYN SPECIALISTS
NOW AT MAIN CLINIC**

501 S. Burma Ave, Gillette
307-688-3636
cchwyo.org/OBGYN

Skip the Wait

Save your place in line by using *Skip the Wait*. Click the button on our website and choose the time you'd like to come in. We'll send you a text message when it's time to show up.

Available for the Walk-In Clinic and the Kid Clinic!



cchwyo.org



Campbell County Health

P.O. Box 3011
Gillette, Wyoming 82717

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
EDDM RETAIL

UPCOMING EVENTS & CLASSES

CAREGIVER SUPPORT GROUP

Are you a caregiver of someone with a chronic illness? Join other caregivers who share the same task and build a local support system.

2nd and 4th Tuesdays • 6:30 pm

CCMH, Ground floor conference room

For more information, call Bruce Roosa at 307-689-6705 or Janet Kobielsuz at 307-660-7194.

11TH ANNUAL BLACK CAT BALL

Celebrate the people who provide outstanding healthcare in our community at the 11th annual Black Cat Ball, presented by the Campbell County Healthcare Foundation. Dance the night away at a Great Gatsby-themed party with an auction, awards, and dinner. Formal 20's attire is encouraged. Tickets \$150, Tables \$1800.



September 16, cocktail hour begins at 6 pm.

Cam-Plex Energy Hall

Contact Healthcare Foundation Office
307-688-6235 or nachelle@cchcf.com

PRENATAL CLASS SERIES

A two-session class for first-time moms in their seventh or eighth month of pregnancy and their support person.

Begins the first Thursday of every month. Free.

To register, call 688-2200.

CPR, FIRST AID AND AED CLASSES

A variety of classes for those with and without medical training are available throughout the year. To learn more or to register for these classes, visit cchwyo.org/CPR.

Living Well with Diabetes

A free seminar sponsored by CCMG Diabetes Education

TUESDAY, OCTOBER 11

8 am-12 pm

Gillette College Tech Center

Featured Speakers:

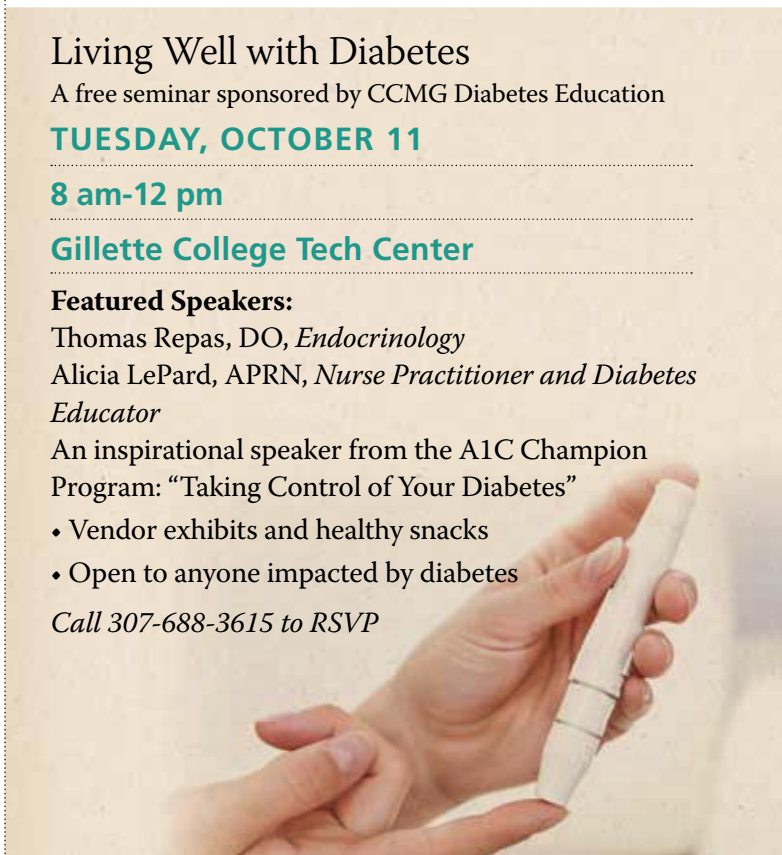
Thomas Repas, DO, *Endocrinology*

Alicia LePard, APRN, *Nurse Practitioner and Diabetes Educator*

An inspirational speaker from the A1C Champion Program: "Taking Control of Your Diabetes"

- Vendor exhibits and healthy snacks
- Open to anyone impacted by diabetes

Call 307-688-3615 to RSVP



Contact Us

Campbell County Health
501 S. Burma Avenue
Gillette, Wyoming 82716
307-688-1000 or 800-247-5381

Mailing address:
P.O. Box 3011
Gillette, Wyoming 82717

Visit our website for complete information on all our services, such as Find a Provider, employment information, and Ask a Nurse (307-688-1111).

cchwyo.org

